

March 2018 - Instant Pot Weight Watchers Meal Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Hawaiian Chicken	2 Instant Pot Spaghetti Squash Pad Thai {Low Carb}	3 Chicken Stew
4 Mussels	5 Pineapple Chicken	6 Irish Stew	7 Turkey Sloppy Joes	8 Chicken Soup	9 Instant Pot Egg Roll In a Bowl {Low Carb}	10 Mexican Chicken Soup
11 Chicken Soup	12 Zucchini Asian Chicken	13 Acorn Squash	14 Vegetable Beef Soup	15 Carnitas	16 Instant Pot Green Chili Bowls	17 Shredded Mexican Chicken
18 Mac and Cheese	19 Asian Chicken	20 Pork Loin	21 French Onion Chicken	22 Shredded Chicken Breast	23 You won't believe it's not take out: Instant Pot Kung Pao Chicken	24 3 Packet Roast
25 Thai Chicken	26 Skinny Enchiladas	27 Whole Roasted Chicken	28 Lentil Chili	29 Hawaiian Sloppy Joes	30 Instant Pot Low Carb Pizza Casserole	31 Honey Garlic Chicken

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